

Thursday
October 5, 2017

Bring it on.....



BELL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12
Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28
Block 3 10:32-11:45	FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57
LUNCH 11:45-12:26	Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13
Block 4 12:30-1:43	LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53
Block 5 1:47-3:00	Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09
	Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25

Students with a Gifted designation meet in the Library during Flex on these dates:

Grade 10

October 5th

Grade 11/12

October 6th

All grade 9s have Advisory during Flex on Friday (October 6th)

Teacher	Adv #	Room
Mr Aitken/ Mr Bell	21	216A
Mr Viveiros	22	Gym (Matroom)
Mr Gleckman	23	201
Ms Vickerson	24	230
Ms Nunn /Ms Hewitt	25	109
Ms Powell /Mr DeWolf/Ms Wilson	26	214
Ms Fester /Ms Fisher	27	102 (Band)
Mr Martin	28	Gym (Matroom)
Ms Tompkins/Ms Jiao	29	103 (Choir)
Mr Durand	30	305
Mr Prensky/Mr Modder	31	104 (Photo)

Need some help
juggling life's
demands?

Ever feel
frustrated or
stressed?

Worries weighing
you down?



Self-doubt
sometimes play
games with your
mind?

Are you taking
care of yourself as
well as you can?

YMCA Teen Mindfulness Group

Connect with others, learn new ways to cope, and enjoy some *FREE SNACKS* while doing it!!

This program is being run by YMCA staff here at our school starting in a few weeks. If you are interested, drop by the counselling office for more details.

HWSS LIBRARY

**The Library will be
CLOSED during
Period 1 on Friday.**



**ARE YOU A GRADE 12 STUDENT WHO IS FEELING
OVERWHELMED WITH QUESTIONS REGARDING
UNIVERSITY, COLLEGE, APPLICATIONS**

..... if so, you should come to the Career Centre in the office and sign-up for a “Q & A, Lunch & Munch” session with counsellor/career resource staff who will help answer the questions that are keeping you awake at night!!!

→SIGN UP STARTS THIS WEEK AND LUNCH SESSIONS RUN ON THE FOLLOWING DAYS:

**October 10, 11, 16, 17, 19, 23, 24, 25, 26, 30
November 1, 2**

LANGUAGE CHALLENGE EXAM MEETING

Students in grade 10, 11 or 12 who want to learn more about the language challenge exams please come to a meeting in the library at lunch on Thursday, October 5th! Mr. Gangnes will be holding the meeting and then be available to answer questions after.

LETS GO MOODY. ALL THE
WAY.





DEAR KIDS, PLEASE COME TO THE HOCKEY TOURNAMENT FOR PORT MOODY FANS. IT TAKES PLACE IN THE PORT MOODY SMALL RINK AND BIG RINK THIS WEEKEND .



WISH YOUTH NETWORK SOCIETY

MAKING WISHES COME TRUE.

NEED VOLUNTEER HOURS?

WANT TO BUILD CONNECTIONS?

LIKE WORKING AS A TEAM?

MEETING: THURSDAY @
LUNCH
ROOM 200

JOIN WYNS HWSS!!

NEW MEMBERS
WELCOME!

KODIAK ATHLETICS



Field Hockey Results

**Great team effort in game played
Tuesday, October 3rd**

Heritage vs. Riverside

4 - 0



SWIMMERS

Please see Ms. Mason by Friday to sign-up for the District Swim Meet.

NOTE: Friday, October 13th is the Swim Meet.

Girls Basketball Try-outs This Week:

- **Thursday Oct 5 –
7-9pm –
Gr9/Junior try-outs**



HWSS Home Games!

Date	Time	Team & Sport	Opponents
Thursday, Oct. 5th	3:30	Sr. Boys Soccer	Centennial
Thursday, Oct. 5th	3:30	Gr. 9 Girls Volleyball	Archbishop Carney

KODIAK CLUBS



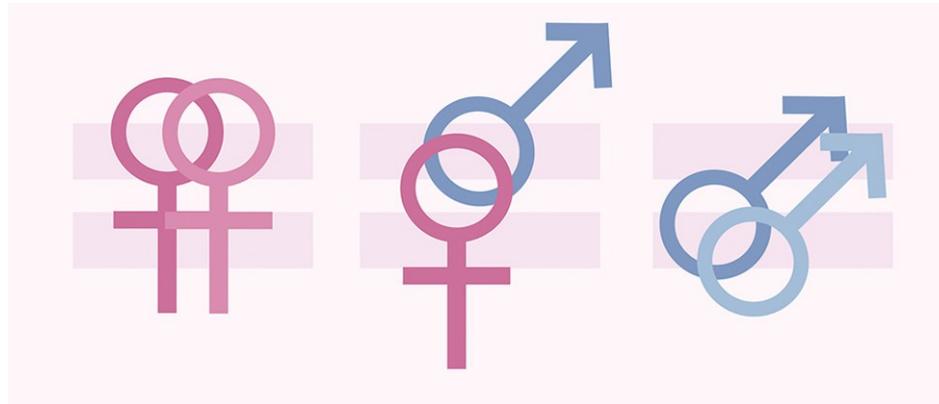


HWSS Coding Club

ROOM 210
THURSDAY @ LUNCH!

GSA CLUB

GAY • STRAIGHT • ALLIANCE



A SAFE ZONE FOR LGBTQ+ INDIVIDUALS AND STRAIGHT ALLIES
ALL STUDENTS WELCOME TO COME AND CHECK IT OUT!

THURSDAYS AT LUNCH (First Meeting Thursday September 28th)
ROOM 213

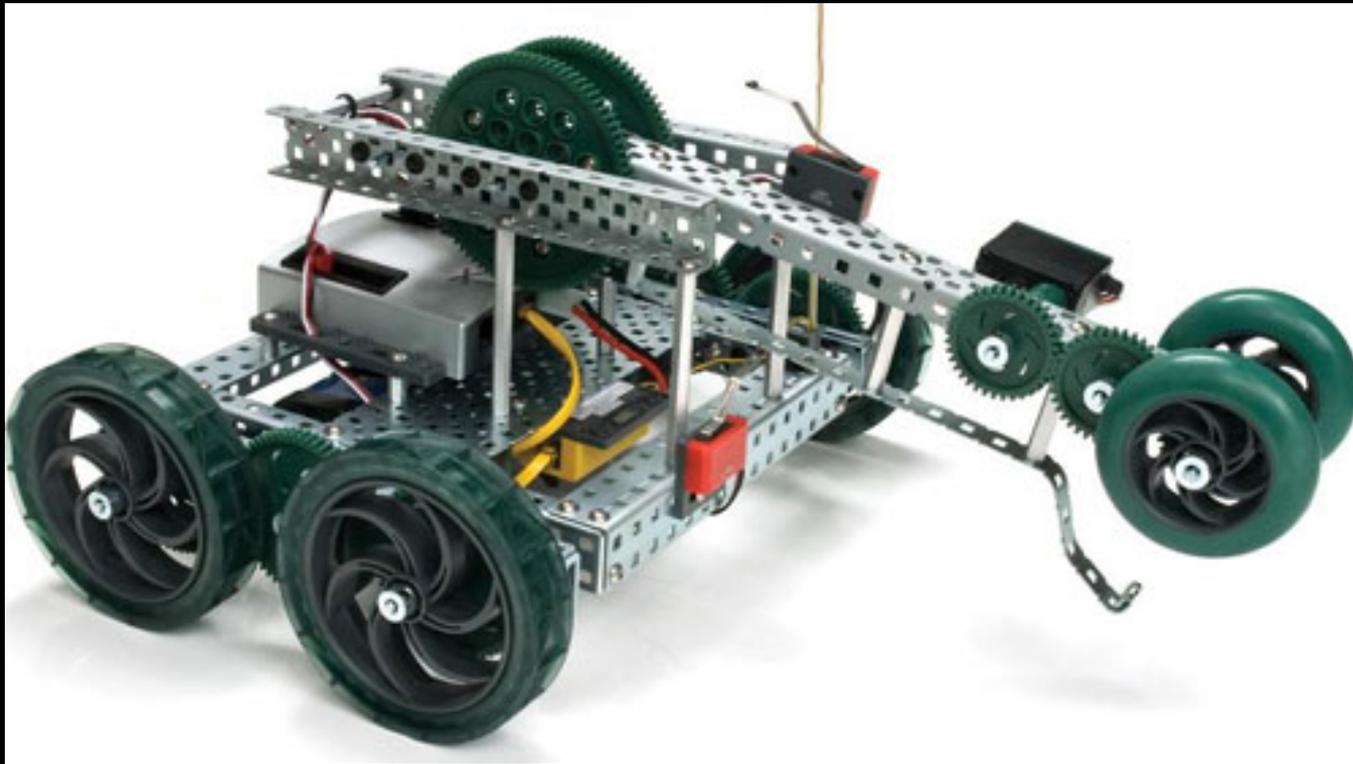
Investment & Business Club

- Interested in learning about investing?
- Want to try stock trading simulation?
- Want to learn about general business concepts?
- Come to room 301 Thursday at lunch!



VEX robotics weekly

Wed. & Thur. after school, rm 217



Heritage Woods Society of Academic Philanthropists

H.W.S.O.A.P

After school tutoring and other hours are also available through appointment

Free Drop-in Tutoring

Every Tuesday, Wednesday, and Thursday at Flex @ the Library

Contact us on our Facebook page: www.facebook.com/HWSOAP



President: Ryan Kwok

Contact: ryankwok2000@hotmail.com

Co-President: Erin Hodgson

Contact: erinh316@gmail.com

HWSS ENVIRONMENTAL & OUTDOORS CLUB



Do you love being outdoors and going on hikes and excursions?

Do you care about the environment and making HWSS a more eco-friendly school?

Do you need volunteer hours?

Come to room #211 (Mr. Ross' room) Thursday at lunch to learn more!

----We'll also have cupcakes----

See you there!!



REPEAT NOTICES





Last Friday, September 29th the following items were returned to the main office:

→ 1 cell phone

→ power bank

Please come to the main office to claim. Be prepared to give a description.

GR. 12S



It's important to book a portrait session with GradsBC.

The photo will appear in the HWSS Yearbook. If you do not have your photo taken, no photo in the yearbook!!



HWSS LANYARDS – \$5.00

HWSS Lanyards are available to purchase from the main office.

\$5.00

